



# GIRIDEEPAM HERALD

NEWSLETTER VOL. V MARH 2024



Annual Day Celebration 2k23



STAR GIRIDEEPAM - GBCS



STAR GIRIDEEPAM - GBHS

## Dreams & Aspirations for FUTURE

Hey Future!  
What do you have in store for me  
What's my destiny?  
What's my fate?  
More trouble & miseries?  
Failures & setbacks ?

But I will bury my worries;  
Set my backpacks  
to overcome my setbacks  
trudging back up the hill

Aspirations are inspirations  
and I dream of a me-  
a new me!  
I was told to be bold;  
to be strong;  
I long-  
for a life where I,  
yearn to learn and  
learn to earn

I only cried during my childhood;  
Yawned during my teens  
In secured and tired!  
But now I changed a lot  
Nah! 'A lot' changed me  
For I, fear not for the future.



Nitha Saji  
XII A-GBCS

## TRAVELLING

I travelled to many places,  
Where I saw many new faces.  
Different cultures and festivals  
Where everything was new  
I visited many places which I knew.  
Where rain begins to fall lightly,  
Where the wind blow politely,  
I felt peace and calm,  
On my little palm.



Ava Sara Benson  
VIII A - GBCS



CBSE SAHODAYA YOUTHFESTIVAL 2023 WINNERS



GIRIDEEPAM TROPHY 2023 WINNERS



GSPECTRUM 2023 (ANNUAL EXHIBITION)

## THE WONDERLAND

The beach is a wonderland  
The sea may be a giant beast  
But it never fails to lift  
Its arm to touch the shore

It comes with a loud roar  
Where it sometimes a relief  
For an upset mind.

The sea is very kind  
But it will become wild  
If we bother it too often  
On the shore there will be  
Lots to find

The sea likes to showcase its treasures  
They are the shining seashells; these  
All make the sea a never-ending  
Mystery of joy when I return

From the beach the soothing waves of  
Sea calls me back



Pooja Kartha  
VI B- GBCS





## Proud to be a GIRIDEEPIAN

I'm proud Girideepian from the core of my heart. My proximity in Girideepam not started this year. It started when I was a kindergartener. I don't have much memory about my kindergarten days. But the aroma and the countenance of my kindergarten teacher still remains in my mind. Girideepam has always been my second home. Our school auditorium was the first stage where I first performed. My venture in the Girideepam for the past 13 years created a great impact in my personality. From a shy kindergartener to a head strong girl. Girideepam played a versatile role. My alma mater not only nourish my academic side but also my non academic. My passion for singing and dancing was accomplished by the different opportunities put forward by the school. My school has given me self-confidence, motivation and the will to always give my best.

*Proud to be a Girideepian*



Uthara, XI D  
GBHSS

## DIRECTOR'S MESSAGE



Dear Readers,

In the spirit of unity and collaboration, I would like to take a moment to celebrate the power of teamwork. At our schools, we work together and we achieve greatness beyond our individual capacities. Just like a flock of birds flying in perfect harmony, we too soar to new heights when we support and uplift one another.

**"The power of teamwork Unleashes Collective Brilliance"**

In a world that often glorifies individual achievements, it is crucial to recognize the immense power of teamwork. Whether it is in the workplace, on the sports field, or within our communities, the synergy created by well-functioning of a team can lead to extraordinary outcomes. Today, when we delve into the depths of this phenomenon and explore why teamwork is not just a buzzword but an essential ingredient for success.

As we flip through the pages of fourth volume of Girideepam Herald, let's be reminded of the teamwork and the incredible journey we have embarked upon.

Each event, each article, each piece of art work and photograph represents a unique story, a unique perspective and a unique voice. It is through these events that we connect, learn and grow. Congratulations to the students and teachers who have been part of this noble endeavour.

When diverse minds come together, magic happens. Teamwork fosters a rich exchange of ideas, perspectives and experiences which fuels innovation. Each team member brings a unique set of skills, knowledge and creativity to the table, enabling the collective to tackle complex problems with a multitude of solutions. The powers of collaboration lies in the ability to build upon each other's ideas, refines them and create something truly remarkable.

Let's spread our wings, join forces and soar to new heights, hand in hand, as a team.

Fr. Joseph Noble OIC  
Director-Girideepam Institutions &  
Principal - GBCS

## Wishing Tree

Once upon a time, there lived a girl named Priyanka, she lived in a very poor village. One day she was playing near the house, she heard some noise it was coming from the forest. She went in to the forest to check what was happening. She saw some woodcutters cutting trees she went to them and pleaded them to stop, they finally stopped and went away. As Priyanka started working home she heard a voice it said "Child you saved my life, ask for any three wishes." She thought for sometime.... The voice said you think about it and tell me tomorrow and come with some elders of your village. Next day, Priyanka went to the wishing tree with some elders of the village, the wishing tree asked for the wish, "My first wish is that all the trees which bear fruits in my village should be loaded with fruits so that nobody in my village starves." "My second wish is that all the fields in my village must always give good crops," "My third wish is all the rivers which flows in my village should never dry". The wishing tree granted all the three wishes, the villagers were very happy and Priyanka too was very happy seeing the villagers happiness.



Jenita Jose  
V A-GBHSS

# GIRIDEEPAM SCHOOLS ANNUAL DAY CELEBRATIONS 2K23







## GSPECTRUM EXHIBITION GBCS



## MY Family

Family a six letter word that make me feel loved  
 Through thick or thin always stays by my side  
 Have my back whenever I need  
 Loves me through all my flaws  
 Leads me through the right path  
 Cherish me when no one else did  
 Loved m when I craved for it  
 Family will have it's own flaws but that's what  
 Reminds me no love is perfect  
 A love that shows me the beauty of the world  
 But never kept me in darkness by showing only  
 Its beauty  
 Family a place where selfless love and care comes from  
 A kind of love that can't be replaced

Neha Achamma George  
 XI C - GBCS

## Taste of hard earned SUCCESS



Abigail Benny  
 XII D - GBCS

The Glimmer of light,  
 that was buried in our hearts;  
 Broke through the soil,  
 and bloomed at last!  
 Our dreams shall shine brightly,  
 in the boundless night's sky;  
 The tears that we shed,  
 and the injuries that we endured,  
 will become medals on our shoulders;  
 as years pass by.  
 When that day comes,  
 the day our medals are given,  
 the stars that shined on us then  
 will rejoice and sing.  
 The earth will celebrate with breeze and flowers,

rain and wind, starry sky and beautiful sunsets.  
 That's the reward we reap,  
 for our pain and hardwork.  
 But, no, the Greatest gift of all is then,  
 When you see the proud smile,  
 on your loved one's lips,  
 and the sparkling eyes that look deep into your soul,  
 telling you.....you did it!

# India's Path of Development: Education, Economic Growth, Healthcare, and space Exploration

India, the world's largest democracy, has embarked on a remarkable journey of development since gaining independence in 1947. Over the years, it has made significant strides in various sectors, including education, economy, healthcare, and space exploration. India's world status has been raised with the solar mission Aditya-L1 and the lunar mission Chandrayaan-3.

Education is the cornerstone of any nation's progress, and India has recognized its importance. The country has made substantial investments in education, with a focus on improving literacy rates and access to quality education. Initiatives like "SarvaShikshaAbhiyan" have boosted primary education, while institutions like the Indian Institutes of Technology (IITs) and Indian Institutes of Management (IIMs) have garnered international acclaim for their excellence. However, challenges like educational inequality and a rapidly growing population remain.

India's economic development has been nothing short of remarkable. The country's transition from a predominantly agrarian economy to a burgeoning hub for information technology, manufacturing, and services has been swift. The liberalization of the economy in 1991 opened doors to foreign investment, and India has become a global economic powerhouse. The "Make in India" and "Digital India" initiatives have further catalyzed economic growth, although income inequality remains a concern.

India's healthcare sector has witnessed considerable progress in recent years. The government has launched initiatives like "Ayushman Bharat", which aims to provide universal health coverage. Additionally, India has emerged as a major player in the global pharmaceutical industry, producing affordable medicines that benefit millions worldwide. Nevertheless, challenges such as inadequate healthcare infrastructure in rural areas and the need for better

healthcare accessibility persist.

India's space programmes, led by the Indian Space Research Organization (ISRO), has achieved remarkable feats in recent years. In particular, the Aditya-L1 mission, set to launch in the near future, aims to study the Sun's outermost layer, the corona, and help understand space weather phenomena. This mission underscores India's commitment to space exploration and its potential contribution to scientific knowledge.

Chandrayaan-3, the third lunar mission, is another testament to India's space ambitions. Building on the success of Chandrayaan-2, this mission seeks to further explore the Moon's surface and conduct experiments. India's continued lunar exploration efforts demonstrate its dedication to advancing space science and technology.

India's path of development in education, economic growth, healthcare, and

space exploration is testament to the nation's resilience and determination. While significant progress has been made in each of these sectors, challenges remain. India's ability to address these challenges will determine the course of its future development. As the nation continues to reach for the stars, both figuratively and literally, it stands poised to make even greater contributions to global progress in the years to come.

Hannah Fathima  
 VII B- GBCS







# The Duties and Responsibilities of a STUDENT

Students are not just learners. They are the future pillars of society. With this privilege comes a set of duties and responsibilities that go beyond the classroom. These responsibilities are essential for personal growth. It also contributes positively to the community and the world.

First and foremost, a student's primary duty is to excel academically. This involves attending classes regularly, actively participating in learning, completing assignments on time, and striving for excellence in their studies. Education equips students with knowledge and skills that will serve as the foundation for their future careers and contributions to society.

Students should also cultivate good character and ethical values this includes honesty, politeness, compassion and obedience.

Another quality is time management. Students should learn to balance their commitments, extra curricular activities and personal life effectively. This skill helps them succeed in their studies.

Active participation in extra curricular activities is another important thing. Joining clubs, sports team etc. enriches a student's life. It also teaches them team work, leadership and social skills.

Students should also respect their teachers and peers. This creates a good atmosphere for everyone's growth and development.

In conclusion, being a student is not just about acquiring knowledge, it comes with a set of important duties and responsibilities. This includes excelling academically, upholding ethical values, managing time wisely, participating in extra curricular activities and contributing positively to the community. By fulfilling these responsibilities students not only prepare themselves for a successful future but also help build a better society for all.

Jensa John  
VI B - GBCS



# India's MOON VICTORY

"The science of today is the technology of tomorrow"

surface. It was launched using ISRO's Geosynchronous Satellite Launch Vehicle (GSLV) Mark III.

Chandrayaan-3 not only completed its task but also proved that India is the first and only nation to land on the moon's South Pole. This mission also showed that India is now a developing and technological nation.

Pranav Harish  
VIII A - GBCS



Chandrayaan-3, also known as the Indian Moon Mission 3 or India's third lunar exploration mission, was a follow-up mission to the Chandrayaan-2

The primary objective of Chandrayaan-3 was to further explore the Moon's surface, collect more scientific data, and expand our understanding of Earth's closest celestial neighbour. Chandrayaan-2, which although, did not achieve a soft landing on the Moon, was still able to orbit to successfully and extensively study its geology and atmosphere.

The Chandrayaan-3 mission's key components include a lunar lander and rover, similar to the ones used in Chandrayaan-2. The lander had more robust propulsion system to ensure a soft landing on the moon's





# Dreams

Dreams are visions  
that show up at night  
Dreams are goals  
That give life some light

Dream, dream and dream  
your imagination is endless  
Dream, dream and work hard  
and what you could achieve is endless

Have a hardworking mind  
and a dream in heart  
aspire, work and inspire  
and nothing could ever tear you apart

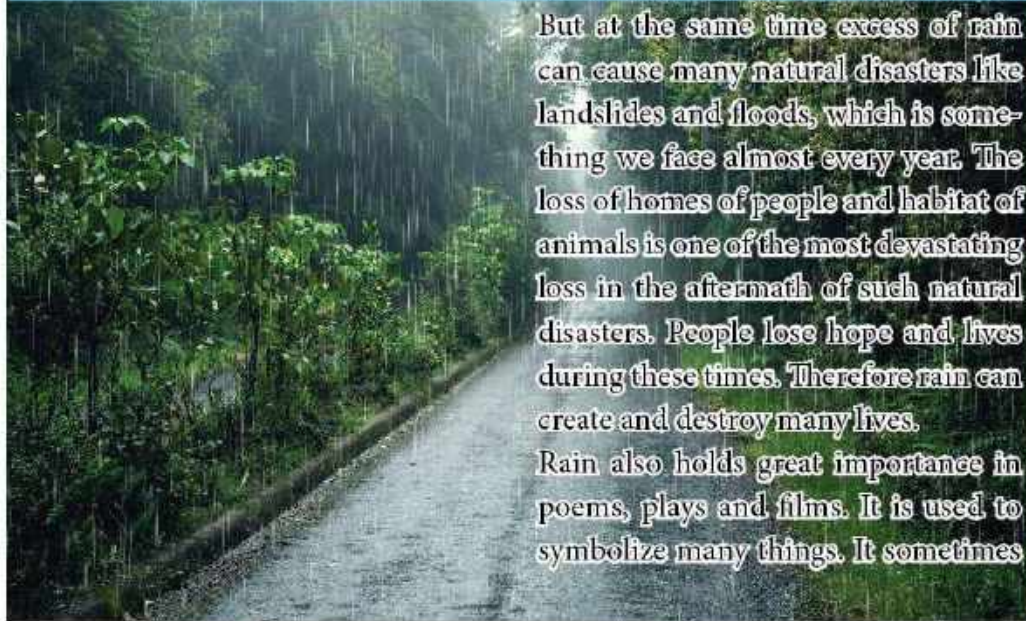
Have a dream in heart  
and a listless mind  
then you'll just sit and expire  
and nothing could ever get you to start

Archa Rejitha  
XB - GBCS



# RAIN

Divya P. Nair  
IX A - GBCS



Rain is one of the vital elements in the Earth's water cycle. It is one of the reasons why life is still sustainable on earth. Without rain, water cannot reach many parts of earth that don't have any water bodies near, resulting in drying up of land and living beings deprived of fresh water.

Rain is a creator and sometimes a destroyer.

Without rain, life on earth is impossible. Rain is needed for irrigation, it fills our lakes and rivers, recharges the underground aquifers, and provides water to plants and animals.

But at the same time excess of rain can cause many natural disasters like landslides and floods, which is something we face almost every year. The loss of homes of people and habitat of animals is one of the most devastating loss in the aftermath of such natural disasters. People lose hope and lives during these times. Therefore rain can create and destroy many lives.

Rain also holds great importance in poems, plays and films. It is used to symbolize many things. It sometimes

represents unhappiness, struggle or cleansing or calming the soul. Shakespeare represents rain as a symbol of tears, sorrow and anger throughout one of his most famous plays Macbeth.

But in the movie the Lion King, rain is used to signify the end of Scar's reign of terror. After Simba defeats Scar, the rain falls and plants start to grow. The fast-forward cut scene shows the rain dampening fire, then giving life to new shoots of green, symbolising the end of horror and start of something better. Even we have mixed feelings toward rain.

Sometimes we love to watch the rain or have a warm cup of tea with some hot snacks. But we hate it when it causes thunder and electric power cut off.

On exams days we pray for heavy rain but on a picnic day we hate even a bit of cloudy sky. We love the rainbow in its aftermath but despise the thunder it brings. Rain is a powerful yet beautiful thing. It is a necessity yet a cause of destruction. It is truly a wonder of the world that we live in.

## GIRIDEEPAM BETHANY SCHOOLS GIRILYMPICS 2024



# Mother NATURE

Butterflies fluttering around  
Wind whistling past my ears  
Cool breeze meets the leaves  
Causing some of them to sway  
And some to fall  
Would you learn the secret of  
the sea?  
Only to find its bravery and  
beauty  
The shimmering stars in the  
ocean night sky  
Making the night a bliss  
Look at the thin chin of gold  
Oh it's the moon there!  
On the fields and harbours  
and to our way home

Liya Mariya Joseph  
XI B - GBCS





# BAD EFFECTS of DRUGS



The use and abuse of drugs have been a longstanding issue in societies all over the world. Some drugs are used for medical purposes. The misuse and addiction to drugs have bad effect on individuals and families.

The immediate consequence of drug abuse is that it affects our physical health. Many drugs have harmful, even life-threatening effects on the body. The use of drugs like cocaine can cause heart problems including heart attacks which result in health complications or fatality.

Drug abuse also affects an individual's mental and emotional health. Many drugs alter the brain chemistry leading to addiction, withdrawal symptoms and mental health disorders. Psychological effects of drug abuse includes depression, anxiety, personality changes etc.

The drug abuse also affects families and society at large. Drug addition often leads to strained relationships and family breakdowns. It also leads to increased crime and violence.

To prevent drug abuse, a comprehensive approach that combines prevention and treatment is essential. Preventing measures include community - based programs and school intervention. Treatment programs include counselling, therapy and medication assisted treatment.

Drug abuse has a far-reaching effect on an individual's physical and mental health. We should continue to raise awareness about the dangers of drug abuse addressing the issue, we can help individuals regain their health, well-being and dignity.



Jesna John  
VI B - GBCS

## 30<sup>th</sup> GIRIDEEPAM TROPHY 2023 BASKETBALL & VOLLEYBALL TOURNAMENTS



### GIRIDEEPAM TROPHY 2023- WINNERS



30-ാംത്മ തിരിദീപം ട്രോഫി ബാസ്കറ്റ്ബോൾ മൂല്യമേന്മയ്ക്ക് വിജയികൾ തിരിദീപം ബഥനി എച്ച്.എസ്.എസ്. കോട്ടയം



റോളിബോൾ WINNER തിരിദീപം ബഥനി എച്ച്.എസ്.എസ്. കോട്ടയം



14-ാംത്മ തിരിദീപം ട്രോഫി ബാസ്കറ്റ്ബോൾ മൂല്യമേന്മയ്ക്ക് തിരിദീപം ബഥനി എച്ച്.എസ്.എസ്. കോട്ടയം



## SCHOOL DAYS

When June comes, children are back to school, all the boys and girls come with papers, pencils and pretty books. Singing like merry birds.

It's fun to read, It's fun to write, It's fun to count, It's fun to draw and spell.

We learn to sing, We learn to dance, We learn to play, and pray as well.



Aphrem Jacob Thomas  
II - A - GBHSS





# Passing the torch ceremony - GBCS



**“ROME was not BUILT in a DAY”**



The famous saying: “Rome was not built in a day” means that great things cannot be built or made in a day. It requires patience, perseverance, determination and time. It also shows that achievement requires substantial time and effort. Moreover, this proverb indicates the value of step-by-step process.

Rome the capital city of Italy, still stands today as a proof of its rich history, culture and architectural wonders. However, its inclusive marvels were not built in a day. They were the result of centuries of planning, construction and evolution. One of the key lessons in this topic is that one should have the determination to prevail over any challenges that one has to face. It also

reminds us that accomplishments require patience and determination, whether it is in pursuing a career, life skill or attaining success. One should always remember that success is a result of constant effort and hardwork.

In short, the proverb emphasises on the importance of patients, perseverance and determination to reach great heights. It also tells us that one can achieve anything, if one has a great plan and spend enough time on it. We should never give up in life, as failure is success turned inside out.

Rachel Sara Sanju  
VII B- GBCS







# Role of Youth

The youth are often referred to as the backbone of a nation. They play a pivotal role in shaping its present and future. Today, I would like to emphasize the crucial role that the youth of our nation play in the development and progress of our society.

Firstly, the youth bring fresh perspectives and innovations ideas to the table. They are the torch bearers of change and are not bound by limitations of the past. Their energy and enthusiasm drive them to explore new horizons and find creative solutions to age-old problems.

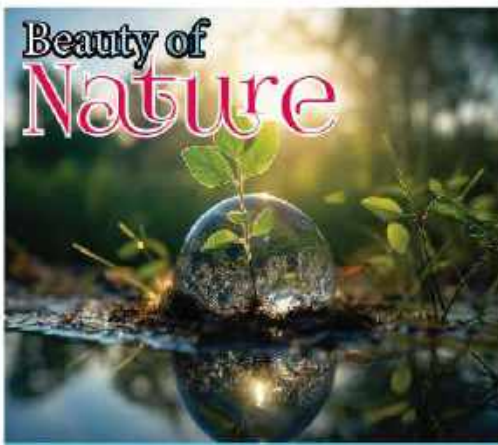
Secondly, the youth are the driving force behind social and technological advancements. In this era of rapid technological evolution. It is the young minds that are leading the way in fields like artificial intelligence, renewable energy, and digital communication. Their contributions are instrumental in shaping the future of our nation's economy.

Furthermore, the youth are the voices of tomorrow. They have the power to advocate for positive change, raise awareness about important issues, and mobilize communities for a common cause.

In conclusion, the role of youth in our society cannot be overstated. They are the architects of tomorrow, the pioneers of progress and the advocates of change. It is our collective responsibility to empower and support our youth, for they hold the key to a brighter and more prosperous future for our nation.

Thank you.

Gianna Mary  
VIII C - GBCS



# Beauty of Nature

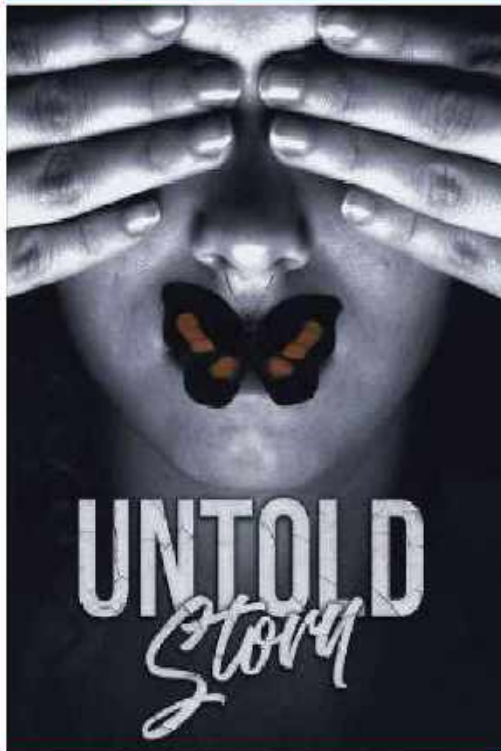
The sun shines bright,  
And lends us its warm light.  
The moon shines in the dark sky,  
At night it becomes our eye.

Trees stand at a height,  
They are the umbrellas of daylight.  
Flowers give us fragrance and beauty,  
Thereby fulfilling their duty.

Seasons of various times  
Make God's creations alive.  
Features of our motherland is wonderful and nice,  
Makes the earth a natural paradise.



Devika Shaji  
VIII C - GBCS



A smile that never left the face,  
was a mask that he wore.  
Not many know by heart,  
but a few did, while he was going through it.  
How long have you been suppressing?  
these hurts? How could you act ar-  
right?  
When you are not....  
A human was not treated rightly,  
But was an object to be yelled at.  
Oh stars, how unsettling....  
Not just once he was hurt,  
Not by one but many  
Just an unfair world behind their ego,  
Settled them by ruining others,  
Never did they knew an innocent soul  
Was disappearing  
We may have lost many in life,  
Nota disappearing soul.  
Bring him back to the light and the  
blue sky,  
Let his untold story shall find  
a safe home to rest.

Noida J. Britto  
XI C - GBCS



# Art Gallery (GBCS)



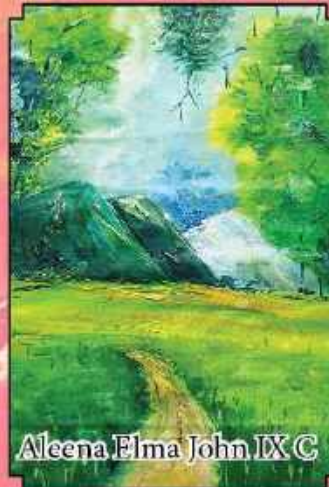
Hanna Elsa Sajan IX C



Joshina P. Jollychen  
IX B



Aleena Elma John IX C



Aleena Elma John IX C



Joshina P Jollychen  
IX B

# Thanks giving Assembly@GBCS





## EMPOWERING STUDENT POTENTIAL: THE KEY TO PERSONAL SUCCESS



Girideepam maintains a remarkable equilibrium between discipline and freedom. While it may seem strict on the surface, in reality, it cultivates an environment where students can flourish while creating a sense of enjoyment. The equilibrium creates an environment conducive to personal and academic development.

The school inspires students to explore and nurture their talents in various fields, whether it's arts or sports. This comprehensive approach ensures that students not only excel academically but also uncover and cultivate their unique strengths.

My personal journey at Girideepam serves as compelling evidence of how the school's influence expanded my horizons. Before Grade 10, I considered myself reserved, but this school became the catalyst for a significant transformation. It evolved into a realm where I could shed my reserved nature and embrace the joy of interaction and self-expression.

Teachers evolving into companions and mentors rather than educators

makes it more unique. Their influence extends beyond the classroom, transforming them into friends and well-wishes. They not only impart knowledge but also instill values, making them invaluable guides in our educational journey.

Girideepam is not just an institution; it's a place of transformation, self-discovery, and growth. Its blend of discipline and freedom, steadfast support for student initiatives, opportunities for personal growth, and holistic encouragement create an environment where students can unearth hidden talents, and treasure their educational experience. With the right mindset and a determined spirit, Girideepam School offers an enriching and rewarding experience for your formative years.



Eavin John Eapen  
XII A-GBCS

## A Free Bird

She needs special discipline, this one "said my father to the hostel warden. I blushed and studied my feet.

The hostel warden looked from me to my father, nodding.

"She's had a free life in Odisha. She was as free as a bird. She may not be able to get used to hostel life, but she has to".

It was true. My father was right. I was very much like a bird in Odisha. An eagle, perhaps. Or, whichever was the bird that glided high in the sky without aim or purpose. A bird that needed to be tamed.

"Punish her however you want if she breaks any rules". Baba said.

I absently studied myself in the screen captured by a CCTV camera.

I couldn't imagine what life would be like on the other side of the enclosure.

Inside it soon I was in. Experiencing the crests and troughs of hostel life.

But not even the confusing walls of the study hall, or the faculty CCTV

cameras in it could contain my imagination.

Sometimes I closed my eyes, and there I was, at home, running .....on an empty country road or clambering a guava tree and feasting on the fruit. I could actually see these past events, almost as though they existed in the periphery of my eyesight. It was the dripping faucet at the back of my mind.

For instance, on school days, where school was a blur of laughing faces of the students and teachers alike. After school I ran home clutching my books to my chest. I changed into my foot. Ball clothes and played till the seen tired of watching us.

To be continued,.....



Vandana Helen Mathews  
XI A - GBCS

# My Safety, Right



Women's safety is not merely a concern but an absolute necessity in any society that aspires to be just, equitable and progressive. It is a fundamental human right that should be upheld without compromise. Ensuring women's safety is not just a responsibility of the government but a collective obligation of society at large.

The home is often considered the safest place for an individual. However, for many women, it can also be a site of vulnerability and danger. Women's safety should unquestionably begin at home, as it lays the foundation for broader societal attitudes and behaviours. The family unit is the foundational building block of any society. It is where values, attitudes and behaviours are initially learned and imprinted. It is within the home that attitude towards gender roles, relationships and power

dynamics are shaped. Therefore, creating a safe and equitable home environment is pivotal in nurturing these values. It is incumbent upon each one of us to recognize the role we play in nurturing this culture and work towards a world where every woman feels safe and valued, beginning with her own home.



Khadeeja Naurin  
XII A - GBCS

## CHILDREN'S DAY @ GIRIDEEPAM KINDERCITY







GBCS - XII A



GBCS - XII B



GBCS - XII C



GBCS - XII D



GBCS - XII E

IF YOU WANT TO **SHINE** LIKE THE SUN YOU MUST BURN LIKE A **SUN**

This is a famous quote by the 11<sup>th</sup> President of India. Which means you can only achieve your goal by burning yourself for it. There are many example which can be look forwarded. The first example is the famous Newzland Mountaineer Edmund Hilary. His whole life was dedicated for his dream to conquer the great Mount Everest. He encountered many circumstances in his journey to achieve his great aim, but after his injury caused by falling from the Mount he pointed his finger's and said loudly that towards Mount Everest "you Everest you are not going to grow up anymore but I will grow, my experience will grow, my courage will grow which you cannot defeat."

Another example which supports, the importance of our passions and dreams is by the Former American President Abraham Lincoln. He said that "Every oceans and seas have ..... but there is no boundary for my passions."

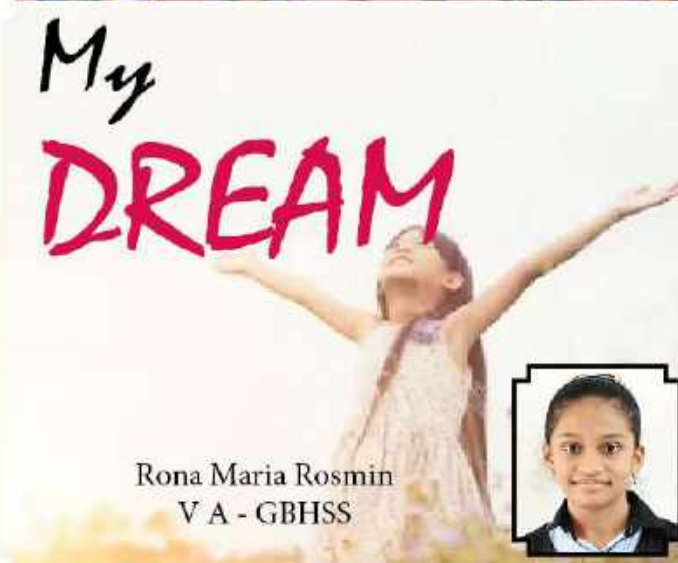
All these quotes which was said by the pursued person's in the life. So we can conclude from these quotes that for conquering this world these three words are necessary.

**HARDWORK, DEDICATION, PASSION**



Kester Varghese Mathew  
XI A - GBHSS

PICNIC - GBCS



My **DREAM**

Rona Maria Rosmin  
V A - GBHSS

Me wearing a white coat, in which my name is written as Dr Rona Maria Rosmin. and I'm wearing a Sthethoscope over my neck, Walking straight into a room. The sick person who lied there is reading the newspaper, now it's time for his discharge. He smiled at me and thanked me. There comes a nurse.... Suddenly, a bright light came in to my eyes, I opened my eyes and saw my mom standing infront of me, She said; stop dreaming and go to school. I was lazy to go to school, so I laid on my bed yawning. However, the smile of the patient in my dream, made my day.



# WINNERS

STATE KALOISAVAM 2023-2024



(KERALA STATE KALOISAVAM) SECURED A GRADE FOR PANCHAVADHYAM



(KERALA STATE KALOISAVAM) SECURED A GRADE FOR PANCHAVADHYAM, HSS



SUB DISTRICT KALOISAVAM - THIRUVATHIRA 1ST A GRADE (UP CATEGORY)



SUB DISTRICT KALOISAVAM - URDU GROUP SONG 1ST A GRADE (UP CATEGORY)



SUB DISTRICT KALOISAVAM - PATRIOTIC SONG 1ST A GRADE (LP CATEGORY)



IRINE TREESA TOM  
HSS SECTION  
LIGHT MUSIC  
AGRADE



SUZAIN MARIAM BIJOY  
(4A) SECURED 1ST A GRADE  
(ENGLISH RECITATION,  
LP CATEGORY)



GOWRI BALUNATH (4A) SECURED  
1ST POSITION (9-11 AGE GROUP  
INLINE SKATING RACE).



SUB DISTRICT KALOISAVAM GROUP DANCE  
1ST A GRADE (LP CATEGORY)

## BHARATH SCOUTS AND GUIDES RAJYA PURASKAR AWARDEES



AFLAH BADUSHA  
X



ANIRUDHAN M NAIR  
X



ANTON RAJESH  
(IX) WORKING MODEL  
(SOUTHERN INDIA  
SCIENCE FAIR)  
SPECIAL PRIZE  
SOUTH INDIAN  
SCIENCE FAIR



JUDE JELAX (IX)  
PARTICIPATED IN  
SOUTHERN INDIA  
SCIENCE FAIR - 2024.



MUHAMMAD ZIYA (X)  
SKATING STATE LEVEL  
3RD POSITION.



ASHIK M A  
(XII)  
SELECTED FOR  
NATIONAL  
CRICKET TEAM  
(UNDER 19)



ANGELINA DENNY  
(VII) SECURED 2 GOLD  
MEDALS (FREE STYLE  
AND BACK STROKE)  
DISTRICT SCHOOLS  
SWIMMING  
CHAMPIONSHIP.



LILLIAN SARA BIJOY  
(II) SECURED 3RD  
POSITION  
(7-9 AGE GROUP  
INLINE SKATING RACE).



ALBY DENNY  
(V) WINNER  
KERALA STATE  
SCHOOL SWIMMING  
COMPETITION



NITHIN M - (X)  
1ST POSITION  
CYCLING - DISTRICT  
LEVEL



ALOCIOUS JOJU  
DISCUSS THROW  
STATE LEVEL WINNER



INAYA SHIBU  
1ST PLACE CHIMNEY  
BRIDGING UP 15 M  
14TH STATE MOUNTAIN-  
EERING CHAMPION



EDWIN PAUL SIBY  
VOLLEYBALL  
SELECTED FOR NATION-  
AL SCHOOL GAMES  
(UNDER 14)



JOHANN THOMAS JOJU  
BASKETBALL  
SELECTED FOR YOUTH  
NATIONALS  
BASKETBALL



IRINE TREESA TOM  
HSS SECTION  
LIGHT MUSIC  
AGRADE



SUZAIN MARIAM BIJOY  
(4A) SECURED 1ST A GRADE  
(ENGLISH RECITATION,  
LP CATEGORY)



GOWRI BALUNATH (4A) SECURED  
1ST POSITION (9-11 AGE GROUP  
INLINE SKATING RACE).



VINAYAK BINESH  
TENNICOIT SELECTED FOR  
NATIONALS 2ND POSITION

## GEM OF THE YEAR 2023-2024 GBHSS



Anly Anto Class 1



Srinika S. Nair Class 2



Malavika Adersh  
Class 3



Ann Clare Thomas  
Class 4

## STUDENT OF THE YEAR 2023-2024 - GBHSS



Nyla Fathima  
Class 5



Jaanaki Jayaraj  
Class 6



Hamda S K  
Class 7



Alisha Ann Manoj  
Class 8



Elsa Johnson  
Class 9



# PRINCIPAL'S MESSAGE

## Never Ceasing Exploration



The sun shone bright as we celebrated commencement of the academic year 2023 - 2024 on June 01, 2023. Time flies and we have come to the uplifting end to an academic year of reinvigoration and renewed momentum. Congratulations on completing an amazing academic year!

Each new academic year brings with its opportunities and challenges, and our community has come together in wonderful ways during both the good times and the difficult times this year. I want to express my deepest gratitude for all you bring to Girideepam. I am fortunate to be on this journey with you.

We live in the age of accelerations, a speeding up of human experience through the compound impact of disruptive forces on every aspect of our lives. The world is evolving, driven in part by pressing global issues and the accelerated rate of technological innovation, and we are marching towards a radically different future. We are currently preparing students for jobs that don't yet exist, using technologies that haven't been invented, in order to solve problems we don't even know are problems yet.

This means, as educators we need to equip students with the multidisciplinary skill sets and mindsets they will need to navigate massive change and prepare for a new future. We need to help students become civic minded, collaborative problem solvers. We need to develop human beings who are internally strong and resilient.

This means, the concept of being a learner has to be shifted. No more should the concept be learn, do, retire. To be agile and adaptable, we need to cultivate a mindset in students to become "lifelong learners".

Pressing forward to bring our very PURPOSE - that is, transformation through education - to life in this increasing complex and volatile world, seeing possibilities where others perceive impossibilities and inspiration where there are obstacles, this year too we celebrated the continuance of that pioneering experiment in education by embracing change. In the pursuit of the progression of ideas and actions which make up the fabric of our school's history, we committed our efforts to ensure that the next generation is "learning for their future, not our past".

We strove to create an optimum blend of academics, sports, extra-curricular activities, personality building, life skills, creativity all the while inculcating the finest human and social values in each student, teaching him not just right from wrong, but how to stay on the path of virtue and integrity. In the great enthusiasm of our times, we have settled for a priority of sending out into the world ordinary men who care enough about the world to make it a better and happier place for all; students who are educated in the right attitudes and values, which will give them the vision of youth triumphant in the daring adventure of filling the 'content of democracy' with a 'soul generated by love'.

At this juncture, let me acknowledge the contribution of "Girideepam Children" who stretched themselves to the utmost, upholding the standards, values, and ideals of the community, and whose honest labour, willingness to submit to discipline, industry, loyalty and a sense of fair play and duty made the School what it is today.

Let me not forget the invaluable support of our parents. Your involvement, encouragement and partnership have played a vital role in the success of our students. Your trust in our school and dedication to their education is highly appreciated.

I would like to extend my deepest gratitude to our staff members. Your unwavering commitment to providing a nurturing and engaging learning environment is truly commendable.

I sincerely thank all those who have supported Girideepam Bethany Higher Secondary School for their endeavours and the care of our community.

*My best wishes to All for a safe and restful summer. God bless you all.*

Fr. Saiju Kurian OIC  
Principal - GBHSS

*"The steadfast love of the Lord never ceases; his mercies never come to an end; They are new every morning; Great is Your faithfulness." (Lamentations 3:22-24)*

# GSPECTRUM

## EXHIBITION GBHSS



# TEACHER'S ORIENTATION PROGRAMME



Sr. Anjitha  
Director  
Jeeva Counselling Centre,  
Kottayam

# Republic Day Celebration 2024 @ GBHSS



# Lions Quest - Teachers Training Workshop





GBCS - X A



GBCS - X B



GBCS - X C



GBCS - X D



# DREAM

"Dreams are not that you see in your sleep. It is something that does not let you sleep."

- APJ Abdul Kalam

In my opinion, dreams and goals are essential components of our life. Because, it makes us to live our life bravely in any bad situation, no matter how worst the situation is. At that time even for a moment we will think about our future. If there is nothing special you're expecting in your future, then you will ask yourself - "for what purpose am I living in this world?" But at the same time if you're having any dreams or goals, you will realise that 'my dreams are my worth. I should live my life to make it true.' Am I right? We have only one life. So don't forget to enjoy your life in between your responsibilities. Having dreams is not just enough. We should work hard for it. You may fail in your first attempt. But never give up until you wins! Failing again and again doesn't mean that you are a failure. But if you don't rise up from it, you will become a failure. Don't let others to decide your future. No matter how close you are with them, your dream is your choice. So decide it wisely with yourself. For some, there will be no one to support them. But never wait for a supportive person to achieve your goals. Build up yourself! Remember, A firefly shines alone even in darkness.



GIRILAKSHMI  
VIII A- GBHSS



PICNIC  
GBCS







**Karate Interschool Overall Champions, 2024  
Conducted at BMM, Pampady**



**Republic Day  
Celebration 2024  
@ GBCS**



**CHRISTMAS CELEBRATION  
@ GBHSS**



## My Experience with **GIRIDEEPAM**

My journey at Girideepam began in the 7th grade, and it has been a transformative experience. From the very first day, I was welcomed into a nurturing and refreshing environment. The school's commitment to excellence in education, coupled with a vibrant extracurricular scene, allowed me to grow both academically and personally. One of the most remarkable aspects of Girideepam is its emphasis on extracurricular activities. The school offers an abundance of clubs, sports and cultural activities. Being a part of the school's basketball club and participating in various inter-school competitions helped me develop my talents and

gain confidence. As I moved on from Girideepam, I carry with me a strong foundation in academics, essential life skills and a sense of purpose. My experience here has been instrumental in shaping the person I am today, and I will always be grateful for the valuable lessons and memories it provided. Girideepam will always hold a special place in my heart and I am grateful for the incredible journey it offered me.

**Basil Binu Jacob  
XII A - GBCS**



## MY SECOND HOME

The Paradise that I have  
Ever seen.  
The Second home I have  
Ever lived.  
  
Each bench and desk  
In my class  
Have a story to tell.  
My parents who taught me lessons  
were-  
My teachers.  
  
Their lives are to sell,  
For the future where I fell.  
I can't forget -  
My school life, because that much

Memories were given by  
My school.  
  
My observations and experiments  
Were finished from my school.  
They gave me some unforgettable  
Knowledge and true solutions.  
  
For each and every problem,  
My friends and teachers  
found the solutions.  
  
My favourite stage of my life  
Is my school life.  
And I'm enjoying it-  
My PARADISE....!

**Harshitha Hemanth  
VIII A - GBHSS**



## CBSE State Level Youth Festival 2023-24



**SAMUEL GEORGE  
KOYICKAL  
Hindi Recitation  
First A Grade**



**JENIT MARIYA  
Malayalam Extempore  
Second A Grade**





## Passing the torch ceremony 2024 @ GBHSS



High school years are like a roller coaster ride filled with ups and downs, laughter and tears, and countless memories that shape who we become. In this article, let's dive deeper into the importance of these transformative years and how they impact our lives.

First and foremost, high school is a time of self-discovery. It's when we start to figure out who we are and what we're all about. We get to explore different subjects, hobbies, and extracurricular activities that pique our interest. Whether it's joining a sports team, a drama club, or a debate society, these experiences help us uncover our passions and talents. They give us a chance to test our limits, challenge ourselves, and find our true calling.

But high school is not just about academics and personal interests. It's also a place where lifelong friendships are formed. We meet so many different people from various backgrounds, each with their own unique stories to tell. These friendships become our support system, our cheerleaders, and our partners in crime. They're the ones who understand our struggles, celebrate our successes, and make high school a little less daunting. The bonds we forge during these years can last a lifetime and become the foundation of our social network.

One significant aspect of high school is the chance to explore our interests and passions. It's a time when we can

Speaking of networks, high school is the perfect time to start building connections for the future. Whether it's connecting with teachers, mentors, or professionals in fields that interest us, these relationships can open doors to exciting opportunities. They can provide guidance, advice, and even potential internships or job offers. So it's important to nurture these connections and seize every chance to learn from those who have walked the path before us.

But it's not just about academics and networking. High school also teaches us valuable life skills that we carry with us long after the graduation cap is tossed in the air. We learn how to manage our time effectively, juggling homework, extracurricular activities, and a social life. We develop problem-solving skills as we navigate through challenging assignments and unexpected situations. And we learn the importance of teamwork as we collaborate with classmates on group projects or participate in team sports. These skills are vital for success in college, careers, and life in general.

One significant aspect of high school is the chance to explore our interests and passions. It's a time when we can

## ROLE PLAYED BY HIGHSCHOOL IN ONE'S LIFE

dive into subjects that truly captivate us, whether it's literature, science, art, or sports. High school provides a platform for us to delve deeper into these areas, nurturing our talents and fueling our curiosity. It's like having a buffet of knowledge and experiences, where we can sample a little bit of everything to figure out what truly resonates with us.

Another key aspect of high school is the opportunity for personal growth and self-discovery. We start to define our values, beliefs, and aspirations. We learn more about ourselves and what makes us tick. High school is like a journey of self-exploration, where we begin to understand our strengths, weaknesses, and passions. It's a time to embrace our individuality and discover who we want to become.

High school is also a place for building important life skills. We learn how to manage our time effectively, juggling multiple assignments, extracurricular activities, and social commitments. We develop critical thinking and problem-solving abilities as we tackle complex projects and navigate through various challenges. High school teaches us resilience, adaptability, and the ability

to work collaboratively with others. These skills are not only valuable for academic success but also for our future careers and personal lives.

Lastly, high school provides a stepping stone to our future endeavors. It prepares us for the next chapter of our lives, whether it's pursuing higher education, entering the workforce, or embarking on other paths. The knowledge, skills, and experiences gained in high school lay the foundation for our future success and personal growth.

So, my friend, high school is a time of immense importance, where we have the opportunity to explore, grow, and set the stage for our future. Embrace every moment and make the most of this transformative period in your life!

Salona Mariam Prasad  
XI C - GBHSS







**VOLLEYBALL NATIONAL PARTICIPATION PLAYERS**



ALOKH VISWAS  
XII



ANEX JOHNSON  
XII



MUHAMMED SHARNAS  
XII



ALI AKBAR  
XII



BIJO VARGHESE  
XI



SANJAY RENJAN  
XI

**VOLLEY BALL STATE PLAYERS**



ARAVIND J (XII)



JOM JOSEPH (XII)



SANJAY SHIJU JOHN  
(XII)



AMAL HISHAN (XII)



VARUN MANOJ (XI)

**SELECTED TO VOLLEYBALL INDIAN CAMP UNDER 19**



ALSAFITH (XI)



ASHIN SHAJU (XI)

**BASKETBALL NATIONAL PARTICIPATION PLAYERS**



SIDDHARTH S  
XII



JOHANN JOJI  
XI

**BASKET BALL STATE TEAM PLAYERS**



THOMAS TOMY  
(X)



JOEL P JOHN  
(XII)



ASHIN SEBASTAIN  
(XII)



MUHAMMED SHAMIL  
(XII)



SIDDHARTH ARICKAL  
(XII)



ANIRUDH V  
(XII)



ABHIMANEW P  
SATHEESH (XI)



ADITHYAN K REJI  
(XI)



ADARSH (XI)



AIVIN JUBAN (VII)



GIRIDEEPAM BETHANY KINDERCITY KALAPRATHIBHA 2023-24



COOL TIME...POOL TIME



Karate Interschool Overall Champions, 2024  
Conducted at BMM, Pampady (GBHSS)





XII A  
GBHSS



XII B  
GBHSS



XII C  
GBHSS



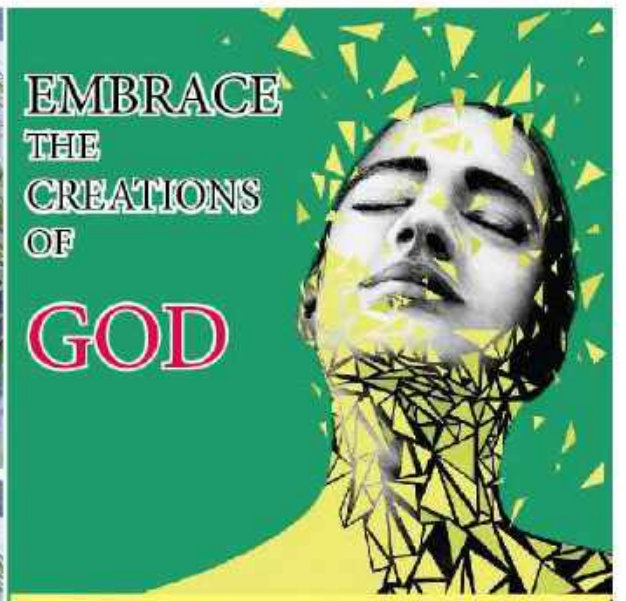
XII D  
GBHSS



X A  
GBHSS



X B  
GBHSS



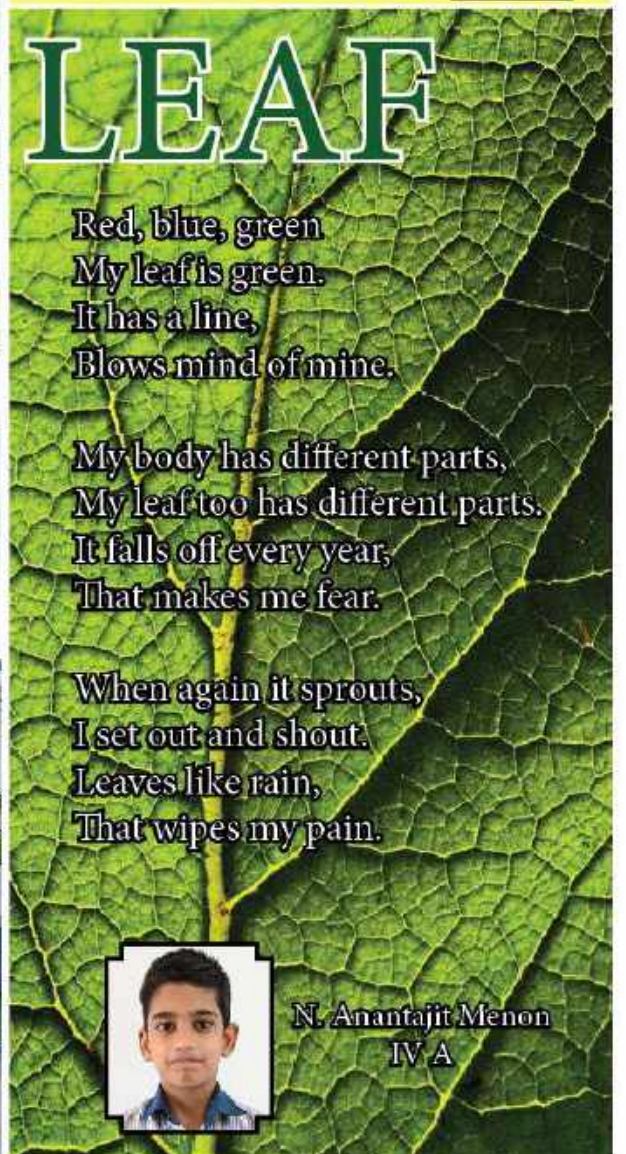
# EMBRACE THE CREATIONS OF GOD

I would like to ask a question "Is a blind persons sense of hearing or smell enhanced more than a sighted one"?

The lack of ability of an individual to sense the vision by birth or some physical changes results the condition of blindness. In such cases, their brain rewires due to the lack of visual information and sharpens the other cognitive motor movements. So the blind persons the other senses like smell, hearing, memory and touch is more powerful than the normal one. Neuroplasticity is the adaptation of the brain by re-wiring by itself with motor neurons reactions. In the case of the blind ones the neuroplasticity occurs. Studies shows that the blind person can smell more than the normal one, because they are using the secondary olfactory cortex more than the sighted ones when they smell. The region of occipital cortex, normally for the vision but the blind one use this for smelling. It means that the blind one can recuperating the part of the brain to sense the smell than the sighted one. The research shows that the sense of smell could lead to concrete applications that may help the blind one to navigate the blind one to their surroundings. For ex: the smell of food items and medicines etc.

This fact was quiet, interesting to me. God has created different patterns in nature such as plants, animals, birds, oceans, rivers, lakes, tributaries among others. Every existing creature is entirely perfect in the eyes of God. No one can find out any defects in any of the creations of God. So lets embrace all the creations of God...

Angelo Anto  
V A - GBHSS



# LEAF

Red, blue, green  
My leaf is green.  
It has a line,  
Blows mind of mine.

My body has different parts,  
My leaf too has different parts.  
It falls off every year,  
That makes me fear.

When again it sprouts,  
I set out and shout,  
Leaves like rain,  
That wipes my pain.



N. Anantajit Menon  
IV A





**LIONS QUEST SKILLS FOR ADOLESCENCE @ GBHSS**  
Inauguration- Implementation of SFA & Distribution of Books



**GIRIDEEPAM EVINCERE 2K23** INTER PRE-SCHOOL COMPETITION @ Girideepam Bethany Kindercity







**Kids Fest & Graduation Ceremony**  
**@ Girideepam Bethany Kindercity**





# SPARK 2024 LP Fest @ GBHSS *A Big Salute to our grandparents*







**THANKS GIVING ASSEMBLY@GBHSS**

